



# National Education Alliance for Borderline Personality Disorder

# Family Education Workshops -2016-2017 Schedule

Thursdays 6:00 pm-7:15 pm

DeMarneffe Building, Room 132

Made possible through generous philanthropic support, these workshops are FREE and OPEN to the PUBLIC

### **September 15, 2016**

# "After the Crises- The Long Haul: The Process of Recovery and Rebuilding"

Maureen Smith, LICSW (Director of Family Services, Adult Outpatient Services Gunderson Outpatient Program, McLean Hospital)

### October 20, 2016

### "Understanding in Families: Practical Skills"

Alan Fruzzetti, PhD (Director of Boys 3East DBT Program, Director of Training in Family Services, McLean Hospital)

### November 17, 2016

#### "Life Before Treatment: What Families Can Do"

Ben Herbstman, M.D., (Gunderson Outpatient Program McLean Hospital, private practice)

### December 15, 2016

#### "Good Psychiatric Management: GPM"

John Gunderson, M.D. (Professor of Psychiatry, Harvard Medical School, Senior Teaching and Clinical Supervisor, Borderline Personality Disorder Center and Training Institute, McLean Hospital)

### January 19, 2017

#### "Suicide in BPD"

Igor Weinberg, PhD,(Associate Psychologist, Adult Outpatient Services, Gunderson Outpatient Program, McLean Hospital)

### February 16, 2017

Claire Brickell, M.D., (Gunderson Residence psychiatrist, McLean Hospital)

### March 16, 2017

#### "Validation"

Elizabeth Murphy, PhD, (Associate Psychologist, Adult Outpatient Services, Gunderson Outpatient Program, McLean Hospital)

## April 20, 2017

### "DBT- Dialectical Behavioral Therapy"

Joan Wheelis, M.D., (Director of DBT Training Clinic, McLean Hospital, Director of Two Brattle Center)

### May 18, 2017

### **Patient Panel**

George Smith, LICSW, (Clinical Director Gunderson Outpatient Program, Adult Outpatient Clinic Group Director, McLean Hospital)